

**PROGRAM
GUIDE**



SUMMER 2024

WEEK AT A GLANCE

MONDAY	<ul style="list-style-type: none"> • SRC - Visionaries (R) • Summer Stories in the Garden (1) • Summer Stories in the Garden (2) • SRC - Forgers (R) • Be Body Positive (ages 10-13) (R) • SRC - Creative Catalysts (R) 	<ul style="list-style-type: none"> • 10:00am-11:00am • 10:15am-10:45am • 11:15am-11:45am • 11:15am-12:15pm • 1:00pm-2:30pm • 2:00pm-3:30pm
TUESDAY	<ul style="list-style-type: none"> • SRC - Luminaries (R) • Outdoor Adventures • SRC - Cultivators (R) • SRC - Mind Mavericks (R) 	<ul style="list-style-type: none"> • 10:00am-11:00am • 10:00am-11:30am • 11:15am-12:15pm • 2:00pm-3:30pm
WEDNESDAY	<ul style="list-style-type: none"> • Wellness Wednesdays • SRC - Visionaries (R) • SRC - Forgers (R) • SRC - Creative Catalysts (R) • Mini Me Yoga (ages 5-8) (R) • Mindful Readers (ages 5-8) (R) 	<ul style="list-style-type: none"> • 10:00am-1:00pm • 10:00am-11:00am • 11:15am-12:15pm • 2:00pm-3:30pm • 2:00pm-2:45pm • 2:00pm-2:45pm
THURSDAY	<ul style="list-style-type: none"> • SRC - Luminaries (R) • Outdoor Adventures • SRC - Cultivators (R) • Knitters & Knatters • SRC - Mind Mavericks (R) 	<ul style="list-style-type: none"> • 10:00am-11:00am • 10:00am-11:30am • 11:15am-12:30pm • 10:00am-12:00pm • 2:00pm-3:30pm
FRIDAY	<ul style="list-style-type: none"> • Summer Stories in the Garden (1) • Summer Stories in the Garden (2) • Friday Fun 	<ul style="list-style-type: none"> • 10:15am-10:45am • 11:15am-11:45am • 1:00pm-4:00pm
SATURDAY	<ul style="list-style-type: none"> • Let's Go LEGO 	<ul style="list-style-type: none"> • 11:00am-12:00pm

(R) indicates program is registered



SUMMER STORIES IN THE GARDEN (Ages 0-5) - Drop-In

Mondays, July 8 - August 19 10:15am to 10:45am; 11:15am to 11:45am

Fridays, July 12 - August 23 10:15am to 10:45am; 11:15am to 11:45am

Come to the Library for exciting stories, songs, rhymes, and bubbles in the garden! These sessions will keep your little one interacting from start to finish!

OUTDOOR ADVENTURES(Ages 0-5) - Drop-In

Tuesdays, July 2 - August 13 10:00am to 11:30am

Thursdays, July 4 - August 22 10:00am to 11:30am

Drop in and join the Family Resource Network and the Cochrane Public Library at parks in Cochrane for a fun-filled morning! .

In the event of inclement weather or a smoke index of 7 or higher, the program will be moved to the FRN Building (127 1st Ave W).



FRIDAY FUN - Drop-In

Fridays, July 12 - August 9 1:00pm to 4:00pm

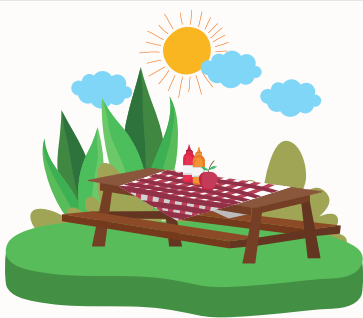
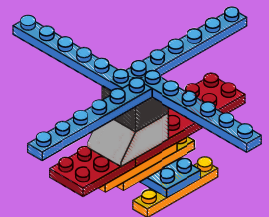
Every Friday the Library transforms into a hub of creativity and excitement with badge-making activities from our take-home program, crafts, games, and more!

This is a parented drop-in program, so bring the whole family to the Activity Room for a fun-filled afternoon. Activities change each week, the fun never stops! Come see what new and exciting activities await you every Friday!

LET'S GO LEGO - Drop-In

Saturdays, July 6 - August 31 11:00am to 12:00pm

Join us for our all-ages Let's Go Lego drop-in, where you can learn while having fun! We have lots of Lego Education and STEAM sets and will be spending hands-on time letting our imaginations go wild!



If you're going camping or spending time outdoors this summer, don't forget to explore the Library's selection of **camping gear**, **outdoor equipment**, and **games** available for borrowing with your library card. We offer tarps, camping chairs, hiking poles, cookware, GPS devices, frisbee golf, and more!

Find out more at: www.cochranepubliclibrary.ca/outdoors

Kick Off Week!!

Tuesday, July 2

Escape Room 2:00 - 4:00 PM

Put on your thinking caps and join us at the Library for an escape room. Using riddles, puzzles, and more, help us escape the room!



Thursday, July 4

Christopher Cool 3:00 - 3:45 PM

Join us for a **magic show** by Christopher Cool, Calgary's funniest and most kid-friendly magician, who specializes in entertaining family and children audiences through his unique brand of interactive, high-energy, and funny magic shows!



Worlds of Imagination



Wednesday, July 3

Flying Books 2:00 - 4:00 PM

Help the Cochrane Public Library break the record for the most 'flying books' in the Library at one time. Get ready to craft paper airplanes and give them a literary makeover by recreating your favourite book cover! **Note: This activity will be videotaped.**



Friday, July 5

Craft Extravaganza 2:00 - 4:00 PM

Join us for a time of crafting with a smorgasbord of crafts to choose from. These crafts will encourage creativity and be a chance to exercise your creative muscles!

READING IN THE PARK

William Camden Park
(207 Glenpatrick Drive)

WEDNESDAY, AUGUST 14

5:30pm - 7:00pm

Enjoy live music & engaging conversations

7:00pm - 8:00pm

Quiet communal reading

Join us for a relaxing evening featuring live music, followed by a peaceful hour of communal reading under the open sky.



FRIDAY FUN

1:00pm to 4:00pm
July 12 - August 9

Drop-in for an afternoon of crafts, games and more!

This is a parented drop-in program, so bring the whole family for a fun-filled afternoon.



OUTDOOR ADVENTURES

10-11:30AM

- JULY 2** FIRESIDE SCHOOL
- JULY 4** ÉCOLE NOTRE-DAME DES VALLÉES
- JULY 9** HEARTLAND APPALOOSA PLAYGROUND
- JULY 11** BOW RIDGE PLAYGROUND
- JULY 16** SUNSET POND
- JULY 18** RIVIERA PARK PLAYGROUND
- JULY 23** WILLIAM CAMDEN PARK
- JULY 25** FIRESIDE CIRCLE PLAYGROUND
- JULY 30** HEARTLAND PARK CLYDESDALE WAY
- AUG 1** THE WILLOWS PLAYGROUND
- AUG 6** CENTENNIAL PARK PLAYGROUND
- AUG 8** DEWEY BLANEY PARK
- AUG 13** HERITAGE HILLS PARK
- AUG 15** WRAP UP AT LIBRARY
- AUG 22** BRAGG CREEK PLAYGROUND



cochrane



fcss
Cochrane
Family and Community
Support Services

FRN
FAMILY RESOURCE NETWORK
COCHRANE & AREA

LET'S CELEBRATE PRIDE WEEK!



August 19 - 24th



To celebrate Pride Week in Cochrane, we are showing a selection of films from the National Film Board of Canada!

Featuring a wide range of stories about identity, family, community and everyday life, this selection of films explores the multitude of 2SLGBTQI+ realities and experiences in Canada and abroad.

Day	Time	Film Title
Mon Aug 19	11:30am - 12:30pm	Apples and Oranges (17 min) Sticks and Stones (17 min) I Am Skylar (15 min)
Mon Aug 19	6:00 - 7:00pm	Cure for Love
Tues Aug 20	10:30am - 12:00pm	Someone Like Me
Wed Aug 21	6:00 - 7:30pm	Standing on the Line
Thurs Aug 22	4:30 - 6:00pm	Love, Scott
Fri Aug 23	3:00 - 4:30pm	Last Chance
Sat Aug 24	10:30 - 11:30am	Open Secrets
Sat Aug 24	2:00 - 3:00pm	Queer Short Film Collection
Sat Aug 24	4:30 - 5:30pm	Into Light (19 min) Second Stories - Deb-we-win Ge-ken-am-aan, Our Place in the Circle (22 min)

You can find the description of each film on www.cochranepubliclibrary.ca/pridefilms

Summer Stories in the Garden

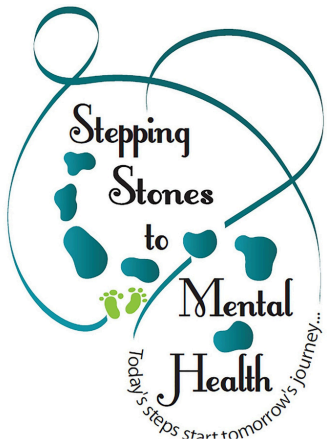


Mondays
10:15am-10:45am
11:15am-11:45am

Fridays
10:15am-10:45am
11:15am-11:45am



July 8th - August 23rd



In partnership with MHCBC
Stepping Stones to Mental
Health and Rocky View
School Division, we are
pleased to offer the
following programs



Mental Health
Capacity Building

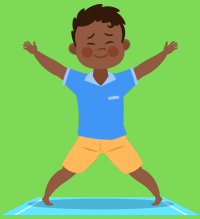


BE BODY POSITIVE (Ages 10-13) - Registered

Mondays, July 8 to August 19 1:00pm to 2:30pm

There is no session on August 5

Join us for this FREE program to explore ways for youth to build a more positive, balanced relationship with their bodies and lives. Each session will explore a new aspect of body positivity. Join us for one, a couple, or all of them!



MINI ME YOGA (Ages 5-8) - Registered

Wednesdays, July 31 - August 21 2:00pm to 2:45pm

This FREE program includes a child-friendly series of movement poses, mindful activities, and readings to encourage the development of mindful awareness for children.

MINDFUL READERS (Ages 5-8) - Registered

Wednesdays, July 3 - July 24 2:00pm to 2:45pm

Have your children join us for our FREE Mindful Readers Program! Each week, we will read a new storybook that focuses on social-emotional learning and skills. After each story, we will do a fun craft to apply our new skills for you to take home! This program will teach mindfulness practices and increase social-emotional skills and connection.



WELLNESS WEDNESDAYS (Ages 0-5) - Drop-In
Wednesdays, July 3 - August 21 10:00am to 1:00pm

Come to the **Cochrane Ranche Historic Park** every Wednesday for fun and engaging wellness-based activities for the entire family! Drop-in for FREE crafts, games, resources and more!



INFORMATION FOR FAMILIES

The Summer Reading Club is back for another summer at the Cochrane Public Library! This year, our theme is **Worlds of Imagination!** We will be exploring our creativity and imagination through reading, crafts, games, puzzles, and other activities.

We have **six** weekly registered sessions lined up during **July 8 to August 15**, just for kids **aged 6-12**. And guess what? They're all **FREE!** But wait, there's more! **Every Friday from 1-4pm**, we're hosting a Drop-In session, so you can swing by whenever you like.

Here's the scoop: kids can keep track of their reading during the registered sessions for a chance to win cool prizes as a group. Plus, there's a Take-Home Summer Reading Challenge with even more prizes up for grabs! And mark your calendars for our **kick-off week from July 2-5**. We've got exciting daily events lined up—you won't want to miss out!

Why Summer Reading Club?

Research shows that children who do not consistently read throughout the summer can drop down an entire reading comprehension level in the span of two months. The Cochrane Public Library has decided to fight this learning loss through programs such as the Summer Reading Club. In an exciting, engaging, and encouraging atmosphere your child is not only going to read, but have fun while doing it!

How to Register:

Registration is open on the Cochrane Public Library website:

<https://www.cochranepubliclibrary.ca/src>

This page is also available under the "Programs and Events" drop-down menu.

You will be able to select the registered session that best suits your schedule. Once you fill out the registration form and hit "submit," your child will be registered for Summer Reading Club!

Do I Have to Stay with My Child?

Registered Sessions:

As this is a registered program, you are able to leave your child unattended with the SRC facilitators. However, we ask caregivers to accompany their child to and from the Library.

Drop-in Session:

This is a drop-in and parented program. Some of the crafts and activities may need the help and supervision of a parent/guardian.

[This program is made possible because of the generous support of Cochrane Kiwanis Club](#)

DAY	OPEN	CLOSE
Monday	10.00am	8.00pm
Tuesday	10.00am	8.00pm
Wednesday	10.00am	8.00pm
Thursday	10.00am	8.00pm
Friday	10.00am	6.00pm
Saturday	10.00am	6.00pm
Sunday	Noon	5.00pm

This guide is correct at time of print. Please check our website for the most current and accurate information.

www.cochranepubliclibrary.ca/events

FOR INFO AND UPDATES, CHECK OUT OUR WEBSITE
(WWW.COCHRANEPUBLICLIBRARY.CA) AND SOCIAL MEDIA



405 Railway St. W. | PHONE: 403-932-4353

Summer 2024

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